



ANNUAL REPORT - 2006

For the period: January - December 2006

Registration: **(CAI) CHILDHEALTH ADVOCACY INTERNATIONAL-PAKISTAN**
(Registered under Voluntary Social Welfare Agencies (Registration and Controls) Ordinance 1961 in Pakistan)

CAI's Objectives: The main objectives were to provide medical support to extremely poor / deprived mothers & children, help in tertiary hospital care, improve training of pediatrics and to advocate for rights of children.

Childhealth Advocacy International is pleased to report the following achievements, made so far in the direction to achieve its objectives, during the year 2006:

1. Relief Operation In Earthquake Affected Areas:

CAI (Childhealth Advocacy International) started relief efforts on 10th October 2005, two days after the earthquake in Jalalabad, near Muzaffarabad city, CAI established a medical camp as a primary health care facility. CAI facilitated the victims in the areas of education, provision of artificial limbs and income generation activities in addition to its camp clinic and medical supplies. The CAI Medical Camp has had a massive turn over of more than 350 patients per day. Since 10th October 2005, the camp provided primary health care services to more than 10,000 people of the community. CAI has distributed goods and services of worth more than 4 million Pak Rupees to the needy communities of Kashmir and fully utilized its minimum resources to provide relief to the local population. The camp was closed on 31st March, 2006 due to the decision of Government of AJK to close down the Jalalabad Camp and settling down the affectees to their native places.

1.1 One-Day Basic Life support (BLS) courses for health workers' were organized in earthquake affected areas:

A series of eighteen 'One-Day Basic Life support (BLS) courses for health workers' were organized in earthquake affected areas (Muzaffarabad, Bagh, Balakot, Batagram, Mansehra) in collaboration with Ministry of Health (MoH), World Health Organization (WHO) & Childhealth Advocacy International (CAI). The courses were especially designed for the paramedics, birth attendants, ambulance personals and other emergency workers.

Four hundred sixteen candidates, nominated by district health authorities, attended the workshop from various health facilities of NWFP, Muzaffarabad and surroundings. Doctors, nurses, male medical technicians, female medical technicians, LHVs, dispensers, ambulance drivers, ambulance assistants, dispensers and ward boys participated in these one day BLS courses.

- 217 participants attended in Abbas Institute of Medical Sciences **Muzaffarabad**
- 24. Participants attended in District Head Quarter office **Bagh**
- 153 Participants attended in District Headquarter **Manshera**
- 22 Participants attended in UN relief compound **Balakot**
- 28 Participants attended in Hill View-hotel **Batgram**

The Feedback received from the participants was very encouraging. All participants showed great interest in learning the BLS skills. The most of the participants commented that if they had this training before the devastating earthquake, their services would have been more effective and could save many precious lives.

2. ESS-EMCH Programme in Pakistan:

In 2007, CAI-Pakistan has undertaken more than 40 ESS-EMCH trainings than ever conducted in the past which included APLS, MOET, 5-day ESS-EMCH, GIC and One-day Basic ESS-EMCH courses for doctors, nurses, paramedics, undergraduates etc.. Major donor agencies for these trainings are Ministry of Health, Government of Pakistan, World Health Organization (WHO), JSI-PAIMAN (funded by USAID), Unicef, Aga Khan University (AKU), Pakistan Pediatric Association (PPA) etc..

ESS-EMCH trainings monitored and evaluated by Advanced Life Support Group (ALSG), U.K which maintains a strict quality control and supervised by their representatives who came all the way from U.K. The foreign faculty visited Pakistan is as below:

DR. DAVID P. SOUTHALL, Consultant International Health, Representative ALSG-UK.	DR ANGELA RAILTON Consultant Obs./Gynae HOPE Hospital, Manchester United Kingdom.
DR. FIDELMA O'MAHONY Consultant Obs. & Gynae./Senior Lecturer Medical Education Academic Unit of Obs. & Gynae. University Hospital of North Staffordshire United Kingdom.	DR. SUSAN MANN Consultant Anesthetist, Advanced Life Support Group, United Kingdom.
DR. MANSOOR AHMED Consultant Paediatrician Queen's Hospital United Kingdom	

The details for the ESS-EMCH trainings in the year 2006 are as follows:

Sr	ESS-EMCH TRAININGS HELD IN THE YEAR 2006	# of Trainees
	3-Day Advanced Paediatric Life Support Courses (APLS)	
1	Advanced Paediatric Life Support (APLS) course, AgaKhan University, Karachi (23-25 June, 2006)	12
	Sub Total	12
	3-Day Managing Obstetric Emergencies & Trauma Course (MOET)	
2	Managing Obstetric Emergencies & Trauma Course (MOET) 18-20, 2006, Islamabad	10
	5-Day ESS-EMCH Courses	
3	5-Day ESS-EMCH at Karachi (11 - 15 December 2006)	22
4	5-Day ESS-EMCH at Swat (21 - 25 August 2006)	23
5	5-Day ESS-EMCH at Islamabad (11 - 15 July 2006)	24
6	5-Day ESS-EMCH at Multan (4 - 8 July 2006)	24
7	5-Day ESS-EMCH at Karachi (27 - 01 July 2006)	24
8	5-Day ESS-EMCH at Karachi (17 - 21 April 2006)	24
		141
	One-Day Basic ESS-EMCH Life Support Courses	
9	2 One-Day Basic ESS-EMCH Life Support Course at Faisalabad (7 & 8 Dec,06)	57
10	One-Day Basic ESS-EMCH Life Support Course at PIMS, Islamabad (27 Nov,06)	25
11	One-Day Basic ESS-EMCH Life Support Course at FGSH, Islamabad (11 Nov,06)	29
12	3 One-Day Basic ESS-EMCH Life Support Courses (Mayo Hospital, Lhr.(2,3 & 4 Nov, 06)	60
13	2 One-Day Basic ESS-EMCH Life Support Courses at CPSPOffice, ISD. (5 Sept, 06)	36
14	2 One-Day Basic ESS-EMCH Life Support Courses at Mayo Hospital, LHR (11&12 June,06)	50
15	One-Day Basic ESS-EMCH Life Support Course for Undergraduates at IIMC, Rwp (25 April 2006)	25
16	One-Day Basic ESS-EMCH Life Support Course for Undergraduates at IIMC, Rwp (29 Jan 2006)	25
17	18 One-Day ESSEMCH Life Support Courses for Healthworkers at Earthquake Areas (Jan-Feb 06)	416
	Sub Total	723
	3-Day Generic Instructors Courses (GIC)	
18	Generic Instructors Course (GIC) (21-23 December, 2006) Islamabad	13
19	Generic Instructors Course (GIC) (15-17 August, 2006) Islamabad	4
20	Generic Instructors Course (GIC) (11-13 August, 2006) Islamabad	15
21	Generic Instructors Course (GIC) (April, 2006) Islamabad	12
	Sub Total	44
	Total:	930

3. Launching ceremony of ESS-EMCH programme in the province of Sindh: It was held on 12 April, 2006 at Mehran Hotel, Karachi in collaboration with World Health Organization (WHO). The objectives of the session were to sensitize the stakeholders particularly about the ESSEMCH Pakistan in the province of Sindh and discuss fate, strategies and goals with the participants. Dr. Khalif Bile Mohamud, WR Pakistan chaired the symposium while Dr Meena Cherian, Department of Essential Health Technology, WHO Geneva, Prof Adib Rizvi, Director, SIUT and senior government functionaries attended the seminar. Dr Susan Mann, CAI, UK gave presentation on global and future perspective of essential surgical skills in the emergency maternal and child health. She also briefed the development and progress of the programme while Dr Meena Cherian highlighted the significance and incorporation of the WHO Integrated Management on Emergency and Essential Surgical Care (IMEESC) tools based on the WHO manual of “Surgical Care at the District Hospital” in the training materials.

Mr. Manzoor A. Memon Additional Secretary (Dev) Health Department appreciated the ESS-EMCH programme and ensures his support and cooperation in Sindh. He also recommended that there should be another episode of the symposium for those who have not been able to participate.

Another Workshop for stakeholders & facilitators on ESS-EMCH of ‘Essential Surgical Skills with emphasis on Emergency Maternal Child Health (ESS-EMCH)’ programme was held on 2 June, 2006 at Sindh Institute of Urology and Transplantation (SIUT), Karachi in collaboration with World Health Organization (WHO). Dr. Hadi Bux Jatoi, Director General Health Services Sindh chaired the symposium. Dr Abdul Wahid Bhurt, Operation Manager, WHO Sindh highlighted the role of WHO in ESS-EMCH. He stressed the improvement of the child and mother health care services in Pakistan, he spoke about quality and effective health care services at patients doorsteps. Dr Nayyer Siddiqui, SIUT gave presentation on ‘Life Support Course in Pakistan: An emerging requirement’.

4. Symposium on “Goals, achievements and strategies of ESS-EMCH” programme in Pakistan’ and ‘Recognition of Abuse in Children: And Beyond’ :

CAI-Pakistan organized a Symposium on “Goals, achievements and strategies of Essential Surgical Skills with emphasis on Emergency Maternal Child Health (ESS-EMCH) programme in Pakistan’, on 12 March, 2006 at Pearl Continental Hotel Rawalpindi in collaboration with Pakistan Pediatric Association (PPA) and Royal College of Pediatrics and Child Health (RCPCH UK) at the occasion of 18th Biennial International Pediatric Conference. The objectives of the session were to sensitize the stakeholders particularly about the ESSEMCH Pakistan and discussed fate, strategies and goals with the participants. Dr. Abdul Majeed Rajput, Director General Health Chaired the symposium while Dr. Khalif Bile Mohamoud, WHO Representative (WR), Pakistan and Prof. Mumtaz Hasan, Co-chaired the event. Prof. Mumtaz Hasan presented welcome note. Dr. Assad Hafeez briefed the achievements and development of the ESS-EMCH programme in Pakistan. He gave presentation on global and future perspective of essential surgical skills in the emergency maternal and child health and the incorporation of the WHO Integrated Management on Emergency and

Essential Surgical Care (IMEESC) tools based on the WHO manual of “Surgical Care at the District Hospital” into the training materials.

5. Workshop on ‘Recognition of Abuse in Children: And Beyond’ :

At the occasion of 18th Biennial International Pediatric Conference, CAI-Pakistan organized workshop on ‘Recognition of Abuse in Children: And Beyond’ on 12th March 2006 at Pearl Continental Hotel, Rawalpindi. The Conference was jointly organized by Royal College of Pediatrics and Child Health (RCPCH) UK and PPA Pakistan. It is expected to be a mega event with over a thousand national and international professionals expected to participate. The symposium aims to sensitize and orientate the stakeholders working with children about the recognition of abuse in children and development of child protection systems. A number of international and national experts shared their views on the theme during the session. The event generated valuable discussion and future strategies to deal this area, which has not been appropriately addressed so far in Pakistan.

6. Intermediary Impact Evaluation of ESS-EMCH training programme:

A summative evaluation of impact of structured training courses on the knowledge, attitudes and practices of emergency care personnel and assessment of intermediary outcomes of these trainings was initiated in October 2006.

The purpose of this evaluation is to assess the impact of Childhealth Advocacy International’s structured training programme on Essential Surgical Skills & Emergency Maternal and Child Health (ESS-EMCH) for health care professionals in Pakistan. This evaluation is intended to serve as an input to making strategic recommendations for future training activities in the country. Specifically, the evaluation aims to;

- Determine the impact of a systematic introduction of structured training programmes on the knowledge, attitudes and practices of health professionals working in emergency care settings.
- Evaluate the effectiveness of structured training programmes in improving maternal newborn and child care in emergency situations.
- Generate evidence for the usefulness or otherwise of structured training courses on mother, newborn & child health

7. Provision of Medical Equipment – A collaborative project of CAI-Pakistan and Ministry of Social Welfare & Special Education Pakistan Pakistan - Pakistan Bait ul Maal (PBM)

CAI-Pakistan has already submitted a proposal to PBM for the provision of medical equipment to the hospitals in five districts of Pakistan. The medical equipment will also be provided to those hospitals which were badly affected during the earthquake. For this purpose, CAI-Pakistan representatives had several meetings with PBM officials. Hopefully, it will be finalized soon.

8. Publication:

- *Article:* Assad Hafeez, Shamsa Zafar, Faisal Rifaq, Prof. M. Ashraf Sultan, Prof. David P Southall, Khalif Bile Muhammad. 'Achieving Health Millennium Development Goals through Capacity Building of Health Workers-ESSEMCH Strategy'. Pak Paed J 2006; 30(1): 3-9.

- A quarterly ESS-EMCH Newsletter is being published regularly and widely disseminated to all stakeholders and those who have attended ESS-EMCH trainings. It helps in developing effective linkages between stakeholders and CAI.

9. CAI-Pakistan continues its efforts to strengthen its linkages with the provincial as well as federal health departments in Pakistan.

10. Regular BOD meetings have been taking place. In addition, various meetings with donors and other stakeholders were made in order to sensitize the CAI's objectives.

(CAI) CHILDHEALTH ADVOCACY INTERNATIONAL - PAKISTAN

Islamabad, Pakistan.